30/28 - 20(2)

DIVINE LIFE SOCIETY

Madikeri, Kodagu

Late His Holiness

Shri

Swamy Sivananda Maharaj

of Rishikesh

HIS WISE SAVINGS

1 SPEECH

Speak softly Speak sweetly. Speak little Speak the truth. Speak with love. Observe silence. Think carefully before you speak.

2 SERVICE

Serve the poor. Serve the sick and the needy. Serve with love and devotion Service is worship. This is the highest religion. Become a scout. Learn First-aid.

3 WORSHIP

Pray, meditate and chant the Lord's Names daily. Pray from the bottom of your heart with divine feeling and love. Pray to God for purity, wisdom, devotion. Chant the Lord's Names—Sri Ram, Om Namo Narayana, Jesus, Om Namo Bhagavade Vasudevaya, Om Namasivaya, etc. daily.

4 STUDY

Study the Koran, Bible, Gita Upanishads, Zend Avestha daily. Put into practice, what you have learnt. Then only will you evolve.

5 TOLERANCE

Respect all religions, cults, faiths. Respects all saints of all religion. All religions lead us to God. Remember this point well.

6 ESSENCE OF RELIGION

Love all. Serve all. Be kind, truthful, pure, humble merciful, generous. Be kind to animals. Never hurt the feelings of others. See God in all. Obey parents, elders, and teachers. In reality thou art the immortal Self - birthless, deathless, diseaseless. Thou art all Bliss, all wisdom, all knowledge. Feel this. Realise this. This is Divine Life.

7 GLORY OF GOD

God is love. God is truth. God is peace. God is Bliss. God is light. God is power. God is knowledge. He dwells in your heart. Realise Him and be free.

MAY THE LORD BLESS
YOU ALL

General K. M. CARIAPPA (Rtd.)
Roshanara, Madikeri, Kodagu.
KARNATAKA STATE
1981